

# The ANHS Link

## Back to School: *Scheduling your Success*

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### ***It's that time of year***

***again!*** Students are beginning to enroll in their fall semester classes and are preparing for the school year ahead. As an ANHS student, this is a good time to create a schedule or course planner for your new courses. You can set your own goals for each course to help you meet your deadline dates. It is easy to lose track of a few days if you do not have personal deadlines for your studies. Taking the time to plan ahead will help you meet your goals.

### **While creating your school schedule consider the following:**

1. Students completing one lesson in each course each week will be finished approximately one month before their deadline dates!
2. Each lesson should take about five hours to complete

(including the reading, assignment, quiz and discussion board).

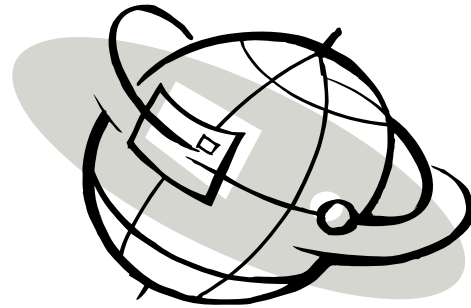
3. Giving yourself two days off each week will give you time to rest and refresh for the following week of study.
4. Keep our grading policy of four business days in mind when deciding when to work on each class. Your teachers need time to leave you useful feedback on your assignments, so try to spread out your classes as much as possible on your schedule.
5. Keep in mind; you can get a head start on the reading

for the next lesson by visiting the course documents page and looking at the assignment instructions for each lesson in the course.

6. To download a template for a course planner visit the orientation course and select the high school forms button on the left.

**If you follow these simple guidelines, completing your fall semester will be easy and stress free!**

If you need help please contact us at 800.968.4034.



## The Dean Scene: Help Centers

All students have access to help centers for each subject in which they are enrolled. For example, a Spanish 1A student has access to the Foreign Language Help Center. The help centers are a place where you can work with your instructors in real-time on a specific topic or problem with which you need help.

The help centers have a

chat feature, similar to instant messaging programs, and it also has a virtual whiteboard feature that allows the instructor and student to work together in a space where you can draw, solve problems, and create graphs, in real-time. You can reserve a time to work with your instructor by emailing them and letting them

know that you would like to make an appointment to meet them in the help center. Also let them know what you want to work on specifically and offer them a few times you would be available. The instructors will then contact you to confirm your appointment, day, and time.

Give it a try!!!

## Student Spotlight- *Jessica Lui*

**Grade:** 12

**From:** California

**Why did you decide to attend Allied National High School?** My schedule was hectic and tiring from figure skating 6 days a week. 5 of the days were school days at 5 a.m. and right after practice I would go to school. I was very tired during the school day and when I came home from school I would have to take a nap. I was also not happy with the high school I was attending at the time. I wasn't getting the help I needed in some of my classes because the teachers weren't willing to take the time and my grades were suffering from my crazy schedule and from not getting the extra help.

**What is your favorite part of school?** I love how I'm able to be independent and go at my own pace. I can go as slow as I want or as fast as I want. It also helps me be more responsible because no one else is there to push me to do my work.

**What are your plans for after high school?** I'm hoping to attend a fashion college called FIDM, which stands for the Fashion Institute of Design and Merchandising. The tuition is kind of on the expensive side though, so if that doesn't work out I'll be going to a junior college and transferring after 2 years.

**What do you want to do for a living?** I know for sure I want to go into fashion merchandising. I'm just not

sure which job yet because there are so many different ones in that field that I find interesting.

**Do you have any hobbies?** Figure skating was pretty much my only hobby for 10 years of my life since it took up so much time, but ever since I've had to stop I've had more time to read, play video games, and shop (which yes I do consider as a hobby =))



*"The object of education is to prepare the young to educate themselves throughout their lives."*

**Robert Maynard Hutchins**

## Instructor Spotlight- *Rachel Fronzo*

**Years of teaching experience:** I have been teaching for four years, but this is only my second year teaching online.

**What state do you live in?** I currently live in Virginia, but I have lived in New York, Texas, and Hawaii.

**Why did you choose to teach at Allied National High School?** Online teaching allows me the flexibility to travel and work while staying home to raise my two young children.

**What was your major in college?** In college my major was Biomedical Engineering and my minor

was Brain and Behavior Psychology. I also earned my masters degree in Secondary Education.

**What was your favorite trip and why?** I spent a month traveling in Italy with a few of my friends one summer while I was in college. We were visiting two Italian friends so we were able to experience Italy as natives and not tourists. During the trip we also went to England and France. I can't wait to go back!

**Do you have any hobbies? What are they?** I love to cook and entertain. I also like to travel and visit new places.

**What is your favorite book?** My favorite book is Pride and Prejudice by Jane Austen. I do not even know how many times I have read it!

**Do you have any pets?** I don't have any pets now but I hope to get a dog when my sons get a little older.



## WASC World

The WASC Committee of the Whole met on August 19<sup>th</sup> to discuss instruction and assessment, and to analyze student achievement data from the 2008-2009 school year.

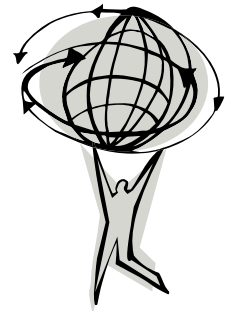
The committee's analysis yielded several findings. The data provided evidence that student GPA's are **above the national average in English and Social Science**. Our Science GPA's indicated that the average GPA decreased

below the national average this year, but the committee noted that more data was needed from 2009 to draw conclusions about this indicator. In Math, the data provided evidence of a downward trend in Algebra 1A GPA's. Again, the team determined more data will be analyzed before any full conclusions can be drawn. We also discussed possible reasons for the trend including entrance performance levels, considering our national

demographic. Suggested solutions such as diagnostic testing for proper course placement were discussed in detail.

The 2008-2009 ACT score results further validated our achievement data and findings. Please see the "College Prep" article for these detailed statistics.

Our next meeting will be on September 16<sup>th</sup>, where we will summarize our findings of what and how students learn. Please join us for this discussion!



## FYI...

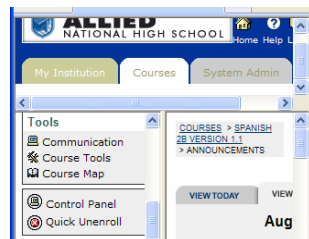
Recently during an exit interview with one of our graduates it was brought to our attention that not all students know how to use the course map to access a page within a specific lesson.

This could make submitting assignments much easier if you are not already using this tool.

Here is an easy step-by-step guide for accessing a lesson page through the

course map:

1. Click on the course map on the left hand side of the course screen under the tools



2. Select Assignments, the Unit, Lesson, and the assignment page by

expanding each section on the map. The click on the assignment to reach that page



## College Prep: Should You Take the ACT® Test?

This article will give you the basic information you need to decide if you want to take the ACT test, and it will show you how other ANHS students are performing on this test.

*What is the ACT test?*

"The ACT® test assesses high school students' general educational development and their ability to complete college-level work.

The multiple-choice tests cover four skill areas: English, mathematics, reading, and science. The Writing Test, which is optional, measures skill in planning and writing a short essay.

The ACT is universally accepted for college admission, and some schools prefer to receive both SAT and ACT scores.

The ACT is curriculum-based. The ACT is not an aptitude or an IQ test.

The ACT also provides test takers with a unique interest inventory that provides valuable information for career and educational planning."

<http://www.act.org/aap/>

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To be added to our mailing list email the Dean at [jsanborn@alliedhighschool.com](mailto:jsanborn@alliedhighschool.com)

*Changing lives,  
 Fulfilling dreams!*



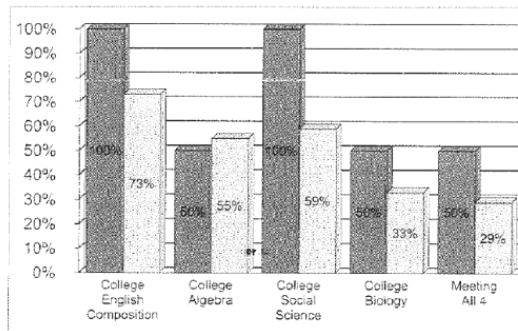
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ANHS students have taken the ACT® test this past school year, and their scores were reported to the administration by ACT®. Here are the results for the 2008-2009 school year:

English		Mathematics		Reading		Science		Composite	
School	State	School	State	School	State	School	State	School	State
	21.1		22.1		21.8		20.9		21.6
	21.1		22.2		21.8		20.8		21.6
	21.6		22.6		22.2		21.2		22.1
22.7	21.8	26.7	22.8	26.0	22.4	27.7	21.3	25.7	22.2
27.0	21.8	20.5	22.8	29.0	22.4	23.5	21.4	25.5	22.2

Figure 1. Percent of ACT-Tested Students Ready for College-Level Coursework



**Are Your Students Ready for College?**

While students will pursue a variety of paths after high school, all students should be prepared for college and work. Through collaborative research with postsecondary institutions nationwide, ACT has established the following as college readiness benchmark scores for designated college courses:

- \* English Composition: 18 on ACT English Test
- \* Algebra: 22 on ACT Mathematics Test
- \* Social Science: 21 on ACT Reading Test
- \* Biology: 24 on ACT Science Test

A benchmark score is the minimum score needed on an ACT subject-area test to indicate a 50% chance of obtaining a B or higher or about a 75% chance of

**Career Paths: *Criminal Justice***

**Are you an avid CSI fan?** Do you enjoy protecting people and being active in your community? **If so, then criminal justice might be the career for you.**

According to the Bureau of Labor Statistics' *Occupational Outlook Handbook*, 2008-2009 edition, "Job opportunities in most local police departments will be excellent for qualified individuals. Employment of police and detectives is expected to grow 11 percent over the 2006-16 decade for all occupations. A more security-conscious society and population growth will contribute to the increasing demand for police services.

Overall opportunities in local police departments will be excellent for individuals who meet the qualifications. In addition

to openings from employment growth, many openings will be created by the need to replace workers who retire and those who leave local agencies. Police and sheriff's patrol officers had median annual earnings of \$43,510 in Federal Government, \$52,540 in State government, and \$47,190 in local government. While median annual earnings of police and detective supervisors were \$85,170 in Federal Government, \$68,990 in State government, and \$68,670 in local government."

You can start your career path with an Associates degree in Criminal Justice. Many post-secondary schools offer this degree, but as an ANHS graduate you will already have acceptance at AAU.

Allied American University developed the Associate of Science Degree in Criminal Justice to prepare students for entry-level criminal justice positions. AAU criminal justice students learn basic concepts and skills in order to help solve contemporary problems in criminal justice and administration.

Students who graduate from this program will also be prepared to pursue a Bachelor of Science Degree in Criminal Justice which prepares students for careers in law enforcement, criminal investigation, private investigation, or to be a parole officer, custodial supervisor, correctional officer, or auxiliary personnel in a forensic laboratories.