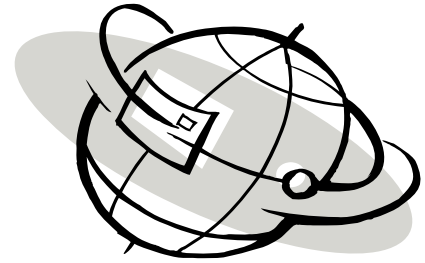


# The ANHS Link

## INSIDE THIS ISSUE:

Student Spotlight	2
Staff Spotlight	2
Just for Fun!	3
ESLR's	3
College Prep	3
Career Paths	4

## Online Learners Perform Better



The U.S. Department of education recently released an important report titled, *Evaluation of Evidence-Based Practices in Online Learning: A Meta-Analysis and Review of Online Learning Studies*.

Many significant findings supporting the effectiveness of online learning were published in this report.

The introduction focused on the exponential growth of online learning. "Online learning has become popular because of its potential for providing more flexible access to content and instruction at any time, from any place." Many ANHS students have echoed this opinion

in our survey results and exit interviews.

One of the most significant conclusions drawn was that, "on average, students in online learning conditions performed better than those receiving face-to-face instruction." This statement helps to reinforce the purpose and mission of ANHS. We want all of our students to reach their full potential.

Another significant

statement suggests that "Providing guidance for learning for groups of students appears less successful than does using such mechanisms with individual learners". This closely reflects the individualized approach to learning that ANHS offers students.

To read the full report, please visit the following link: [www.ed.gov/about/offices/list/oepd/ppss/reports.html](http://www.ed.gov/about/offices/list/oepd/ppss/reports.html).

## The Director's Chair: Learning Objectives

Learning objectives are one of the most important components of an online lesson. Every lesson of an Allied National High School online course will contain a similar structure including an Introduction, Objectives, Key Terms, the lesson content, Check Your Understanding, Lesson Summary, Assignment, and Quiz.

The learning objectives are displayed at the start of each lesson and

provide instructors, students, and parents with the expected outcomes of the assignment and other activities associated with that lesson.

If a student successfully passes the assignment and quiz for a particular lesson, it is evident that they have mastered the lesson objectives and have gained the required skills and knowledge.

By becoming familiar with the objectives prior to completing the tasks of the lesson, students can focus on important aspects of the contents as they progress through the lesson. Upon mastery, the student will be able to apply that knowledge to critical thinking activities to integrate their learning at a higher level as well as connect their learning to prior knowledge.

## Student Spotlight- *Shawn Royle*

**Grade:** 11

**What state do you live in?** California

**Why did you decide to attend Allied National High School?** I did not agree with the results from the last school I attended. It did not give me any stimulation and had so many funding cuts.

**What is your favorite part of school?** I enjoy Psychology a lot; I can honestly say it is my favorite subject.

**What are your plans for after high school?** To go to community college either

close to home, or in LA, get done with my General Ed and pursue a further career in clinical psychology.

**What do you want to do for a living?** Not sure yet, but I have an idea. I'm going to let it grow from there, all I know is I like school and would like to pursue many careers in the future, one being clinical psychology.

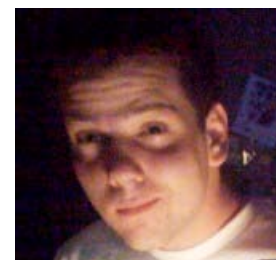
**Do you have any hobbies?** I like to mix music and design lighting for musical events.

**Do you have any pets?** Yes, I have 3 cockatiels (birds), 3 dogs, 3 cats, and

a koi pond with more fish than I can count.

**What is your favorite book?** Another Roadside Attraction, by Tom Robbins

**What was your favorite trip?** My family and I took a road trip to Quebec when I was 14. We stopped in every state and saw what its geography and culture had to offer. It was an extraordinary experience.



*“The job of an educator is to teach students to see vitality in themselves.”*

--Joseph Campbell

## Staff Spotlight- *Jamie Keobouala*

**How many years have you worked at Allied?** I have worked here for about 4 years

**What do you enjoy about working at Allied?** I enjoy helping ANHS students reach their high school diploma goals. It feels great to see the instructors close out a student from the courses because I know they are closer to getting their DIPLOMA!!!

**What advice do you have for ANHS students and parents?** The more you know, the easier it is. Plain and simple. Also, I am always in the office. If you have any questions or concerns of any kind, please do not hesitate to call me at 1-800-968-4034

or email me at [jkeobouala@alliedschools.com](mailto:jkeobouala@alliedschools.com)

**What was your favorite trip and why?** My favorite trip would have to be to Thailand when I was 19. Even though the flight to Thailand was 17 hours, I had a blast. I got to visit family that I have never met before, eat lots of great food, and visit lots of old Buddhist temples. It was a very eye opening experience.

**Do you have any hobbies?** Yes!!!!. I love to snowboard, mountain bike, hike, run, and go to the gym. After an active day, I just want to relax either at the beach or on my sofa watching shows that I have on my DVR. Oh, I also love

to shop; does shopping count as a hobby?

**Do you have any pets?** Yes. I have a 5-month-old Yorkshire terrier, Loui Vito. He is still a puppy and handful.

**What is your favorite book?** The Outsiders by S.E. Hinton, The Great Gatsby by F. Scott Fitzgerald and Siddhartha by Hermann Hesse. These are just a few off the top of my head that I can think of.



## Just for Fun! : Brain Teasers, Riddles, and Puzzles

### Riddle #1:

What key has legs and cannot open doors?

### Riddle #2:

To what kind of music did the Pilgrims listen?

### Riddle #3:

Working together, Nora, Molly and Daphne can set the Thanksgiving table in 4 minutes. If Nora, alone, can set the table in 7 minutes, and Molly, alone, can set the table in 28 minutes, how long would it take Daphne to set the table by herself?

*See the answers at the bottom of page 4.*



## ESLR's: Goal Oriented Students

ANHS prepares students to be goal oriented students who...

- Secure measurable goals that are both personal and professional
- Develop a plan to achieve post graduation goals

- Are self directed learners
- Demonstrate time management skills to meet academic deadlines

By preparing students to be goal oriented, ANHS is helping students to secure a bright future!

The skills gained by reaching this learning outcome will help ANHS students become excellent college students, awesome employees, and amazing members of their community.

Being self-directed, managing their time well, and securing their goals will help them achieve those goals.

*“Good schools, like good societies and good families, celebrate and cherish diversity.”*

## College Prep: November and December Action Plans

### Junior Action Plan:

Start Thinking about Financial Aid

Talk to your counselor about your college plans and attend college night and financial aid night at your school.

You can take either the SAT Reasoning Test™ or up to three SAT Subject Tests™ on one test day. Plan your testing schedule carefully if you want to take both types of SAT®. See the SAT schedule of test dates and register online for the SAT.

Use the code on your PSAT/NMSQT score report to sign in to [My College QuickStart™](#) on the College Board website. This will help you prepare for the SAT using a study plan, and explore lists of suggested colleges, majors, and careers.

### Senior Action Plan:

Submit early decision and early action applications on time.

Work hard at completing your college essays. Proofread them rigorously

for mistakes. Follow up with your teachers to ensure that letters of recommendation are sent on time to meet your deadlines.

Mail applications as early as possible for colleges with rolling deadlines (admissions decisions are made as applications are received).

Take SAT tests. Make sure your scores are sent to each one of your colleges.

For more information on preparing for college visit: <http://www.collegeboard.com/student/plan/>

-- Deborah Meier

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**Do you know someone that would benefit from our program?**

Please email the Dean with their name and phone number, or email address, with the word "referral" in the subject line. You can also have them contact the Dean directly to discuss the program:

Phone: 800-968-4034 x7630

Email:  
[jsanborn@alliedhighschool.com](mailto:jsanborn@alliedhighschool.com)

## Career Paths: Criminal Justice

**Are you an avid CSI fan?** Do you enjoy protecting people and being active in your community? **If so, then criminal justice might be the career for you.**

According to the Bureau of Labor Statistics' *Occupational Outlook Handbook*, 2008-2009 edition, "Job opportunities in most local police departments will be excellent for qualified individuals. Employment of police and detectives is expected to grow 11 percent over the 2006-16 decade for all occupations. A more security-conscious society and population growth will contribute to the increasing demand for police services.

Overall opportunities in local police departments will be excellent for individuals who meet the qualifications. In addition to openings from employment growth, many openings will be

created by the need to replace workers who retire and those who leave local agencies. Police and sheriff's patrol officers had median annual earnings of \$43,510 in Federal Government, \$52,540 in State government, and \$47,190 in local government. While median annual earnings of police and detective supervisors were \$85,170 in Federal Government, \$68,990 in State government, and \$68,670 in local government."

You can start your career path with an Associates degree in Criminal Justice. Many post-secondary schools offer this degree, but as an ANHS graduate you will already have acceptance at AAU.

Allied American University developed the Associate of Science Degree in Criminal

Justice to prepare students for entry-level criminal justice positions. AAU criminal justice students learn basic concepts and skills in order to help solve contemporary problems in criminal justice and administration.

Students who graduate from this program will also be prepared to pursue a Bachelor of Science Degree in Criminal Justice, which prepares students for careers in law enforcement, criminal investigation, private investigation, or to be a parole officer, custodial supervisor, correctional officer, or auxiliary personnel in a forensic laboratories.

### Just for Fun! Answers

**Riddle #1:**

A TurKEY!

**Riddle #3:**

Nora can set the table in 7 minutes. So, we'll say Nora can do 1/7th of a table every minute. Molly can do 1/28th of a table each minute. In 4 minutes, Nora can do 4/7ths of a table in 4 minutes; Molly can do 1/7th (4/28ths) of a table.

**Riddle #2:**

Plymouth Rock!

4/7ths + 1/7th = 5/7ths. Therefore, Nora and Molly do 5/7ths in 4 minutes; Daphne must be doing the other 2/7th.

Therefore, Daphne does 2/7ths in 4 minutes. However, we want to know how long it takes her to do 1 table. Multiply by 7/2 to get 1 table = 4(7/2) = 28/2 = 14 minutes.