

# The ANHS Link

## ANHS Provides Resources for Additional Help

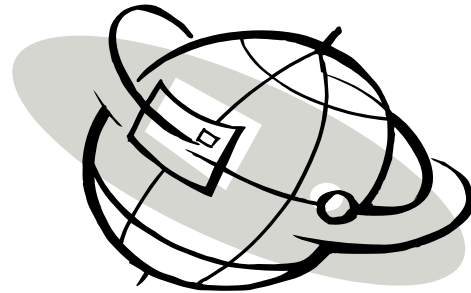
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Allied National High School has launched a new Resources Page on our website as part of ongoing school improvement efforts.

Students will be able to access the websites listed on the page for additional academic assistance. Even though the resources available are not affiliated with ANHS directly, we created the page because we recognize that students may need extra help, or want assistance while they are completing their schoolwork.

Various types of resources will appear on this page as the list



grows through teacher and student recommendations.

Currently there are two tutoring websites available. One website, *TutorChatLive* is a non-profit group that offers free online tutoring to high school and middle school students. Students can also apply to become a peer tutor through this website.

Another featured tutoring

resource, *24/7 Instant Math Help*, does charge a fee, but they also offer students the ability to interact with tutors in real-time when they need help.

Please visit the [new page](#) on our website to learn more.

You can also recommend resources to ANHS by contacting the Dean of Instruction at [jsanbonrn@alliedhighschool.com](mailto:jsanbonrn@alliedhighschool.com)

## The Directors Chair

### Success at ANHS by James Rieger, Director

Attending ANHS allows you the flexibility to work at your own pace.

However, remember that each of your semester classes has a completion deadline of six months.

Here are some tips that you may find useful to help stay motivated and on track with your completion goals:

Take advantage of the course planning tools that we have provided in each course.

Make a study schedule that allows you to complete one lesson per class each week. For example, complete a math lesson on Monday, science on Tuesday, English on Wednesday, Spanish on Thursday.

Make sure your study space will prevent you

from being interrupted by distractions.

Involve your parents or other family members in your studies. This will help you keep motivated and will help you to avoid putting things off to the last minute.

We are here to help you succeed at ANHS so please feel free to contact us whenever you need help!

## Student Spotlight- *Margaret Schoendorf*

**What state do you live in?** The sunshine state! Otherwise known as Florida!

**Why did you decide to attend Allied National High School?** I decided to join because I needed a good and challenging program I could do at home, in order to have time to pursue my ballet career.

**What is your favorite part of school?** I love learning new things as well as being able to move at my own pace.

**What are your plans for after high school?** After high School, I will

probably continue to do school online while looking for jobs.

**What do you want to do for a living?** I would love to become a professional ballet dancer, or dance on Broadway!

**Do you have any hobbies?** Yes! I have a lot of hobbies, which include ballet, shopping, and playing with my two adorable nephews!

**Do you have any pets?** I have a dog, Luckie and she is a Yorkshire terrier! She is a lap dog and always wants attention!

**What is your favorite book?** My favorite book is, "The Five People you meet in Heaven"

**What was your favorite trip?** My favorite trip was last summer when I went to New Jersey for a few months. I was there for a ballet summer intensive, and I met many good people and had the time of my life!



*"Learning is a matter of intensity not elapsed time."*

Tom Peters

## Instructor Spotlight- *Jacquelyn Sanborn*

**Years of teaching experience:** 4 years teaching and over 3 years as an administrator.

**What state do you live in?** I am from New Jersey originally, but I now call California my home!

**Why did you choose to teach at Allied National High School?** The idea of teaching online made me feel like a pioneer in my field.

**What was your major in college?** I majored in History and Secondary education at Georgian

Court University, and attended the University of the Virgin Islands for a year to study history.

**What was your favorite trip and why?** My favorite trip was my recent visit to the island of St. Thomas for my honeymoon. I had previously lived there for a year as a student, and it was nice to see old friends.

**Do you have any hobbies? What are they?** I like to sing and play disc golf in my spare time.

**What is your favorite book?** *A Farewell to Arms*, written by the great Ernest Hemmingway. It is very romantic and historical.

**Do you have any pets?** I have an energetic Boston terrier named Marley.



## WASC World: Site Visit and a Special Thanks

The three-member WASC Visiting Committee conducted a site visit at Allied National High School in Laguna Hills, California from 02/28/2010 through 03/03/2010 as part of our ongoing accreditation process and school improvement efforts.

The staff and faculty at ANHS worked very hard to prepare for the visit,

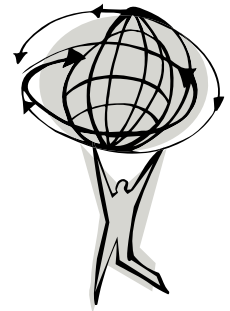
and we feel that it concluded in a very positive manner.

I would like to offer a special thank you to the student and parent and faculty participants that volunteered their time to participate in the meetings held during the visit.

The opinions of our parents, students and faculty were very

important to the WASC Visiting Committee and to ANHS. We will be adjusting our schoolwide action plans based on the constructive recommendations left by the Visiting Committee in a continued effort to improve the learning process for our students.

Thank you again to all of the wonderfully dedicated people that volunteered their time to help ANHS meet their goals!



## ESLR's: Effective Critical Thinkers

**Allied National High School prepares students to become:**

**Effective critical thinkers who...**

- Solve real-life challenges with efficient problem-solving skills
- Use a variety of methods to examine, define, and assess ideas
- Apply problem-solving skills to achieve a personal or academic goal

- Solve problems through the effective use of pertinent technology
- Critical thinking is a skill needed by all high school graduates, whether you are career or college bound.

Critical thinking skills are embedded in the ANHS Math, English, Social Science, Science, and foreign language curriculum.

Critical thinking skills are used in many practical ways, which is why it is one of the expected schoolwide learning results ANHS has determined our graduates need to be successful in life.

We can help you prepare for your future, and one way ANHS does that is by helping students refine their critical thinking skills.

*“Through learning we re-create ourselves. Through learning we become able to do something we were never able to do.”*

**Peter Senge**

## College Prep: “Planning with My College QuickStart”

[www.collegeboard.com](http://www.collegeboard.com)

The College Board provides students, and parents with many resources for college and career preparation.

ANHS would like to invite all students to take advantage of their new **free** college and career-planning tool. It can help students prepare for their future!

With My College QuickStart, you can:

- View PSAT/NMSQT® score details.
- Review PSAT/NMSQT questions, answers and answer explanations.
- Prepare for the SAT® with a plan powered by their test results.
- Take an in-depth personality test to learn more about yourself, including your strengths and your learning styles.
- Investigate personalized suggestions for colleges, majors and careers.

Go to [www.collegeboard.com/quick](http://www.collegeboard.com/quick), and Check out [My College QuickStart Resources](#)

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**To be added to our mailing list email the Dean at**  
[jsanborn@alliedhighschool.com](mailto:jsanborn@alliedhighschool.com)

*Changing lives,  
Fulfilling dreams!*



Visit us on the Web:  
[www.alliedhighschool.com](http://www.alliedhighschool.com)

***Do you know someone that would benefit from our program?***

Please email the Dean with their name and phone number, or email address, with the word “referral” in the subject line. You can also have them contact the Dean directly to discuss the program:

Phone: 800-968-4034 x7630

Email:  
[jsanborn@alliedhighschool.com](mailto:jsanborn@alliedhighschool.com)

## Career Paths: Hospitality and Tourism

Would you like to help people have fun—and get paid for it?

Sunny beaches and cruises to faraway places can be included in the list of work environments for this cluster of jobs, as can exotic restaurants, Las Vegas dinner shows, and Disney World thrill rides.

Workers in the Hospitality and Tourism Cluster assist and deal with people who are looking for a relaxing vacation or a short get-away, even if it is only going out to dinner. This fun-filled cluster encompasses jobs at restaurants, resorts, theme parks, museums, hotels, and more—in the areas of management, marketing, food-service operation, lodging, attractions, recreation events, and travel-related services.

We will take a closer look at one of the more common occupations in this field, Hotel Manager. Some points to consider are the fact that there are usually long hours including night and weekend work,

employment is projected to grow about as fast as the average for all occupations, and college graduates with degrees in hotel or hospitality management should have better opportunities for jobs at full-service hotels and for advancement than those without a degree.

Hotel managers make sure that conveniences are provided to hotel guests, while also ensuring that the establishments are run efficiently and profitably.

Depending on the hotel and the size of its staff, managers may either perform or direct housekeeping, personnel, office administration, marketing and sales, purchasing, security, maintenance, oversight of recreation facilities, and other activities.

Trainees for larger upscale hotel chains usually need a bachelor’s or master’s degree, preferably in hospitality or hotel management. If not coming directly from college, experience

working at a hotel is generally required to get a position as a manager. Formal internships or part-time or summer work in a hotel are an asset. Many colleges and vocational schools offer courses in hotel management.

Allied Business Schools offers a Hotel/Restaurant Management Course, which can provide you with a solid foundation that covers the key concepts, procedures and terms you need to know to succeed in your role as a hotel or restaurant manager. It will prepare you to make important decisions every day with your knowledge of daily operations, customer service, staffing and finance.

The Hotel/Restaurant Management Course includes your textbook, An Introduction to the Hospitality Industry, 7th Edition by Borrows and Powers, an online study guide, 15 comprehensive lessons, including four projects, quizzes and a final exam.

For more information, contact the Dean at [jsanborn@alliedhighschool.com](mailto:jsanborn@alliedhighschool.com)